

PROTEIN BREAD

By coach78



Ingredients

- 500g lean cottage cheese
- 100g ground almonds
- 100g flax seeds
- 6 eggs
- 4 tablespoons of chia seeds
- 4 tablespoons almond powder
- 1 teaspoon of salt
- 1 bag baking powder

Recipe

- Mix all the ingredients in a bowl.
- Pour the contents into a cake tin and let rest for 30 minutes.
- If necessary fill with pumpkin seeds and or with sunflower seeds.
- Bake at 180 degrees Celsius for one hour.
- Enjoy!